

Dig Deeper on Romans 6:1-14 for personal reading and Life Groups...

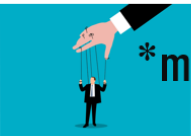


A TOTALLY NEW RELATIONSHIP (ROM 6:1-14)

If I'm saved by grace "I've died to sin"
then why not sin all the more? (v1)

No way! "I'm joined to Jesus in a death & resurrection" (v2-10)

⇒ Think on it! (v11)
⇒ Act on it! (v12-14)



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Here's some questions on Romans 6:1-14...

1. Have there ever been times when you or someone you have met has raised a question like the one in v1 or v15? Do you think it's a good thing if someone is asking it? Before you came to this passage how might you have answered?
2. Is there anything you find surprising or new in how Paul answers the question? Try to unpack the logic of what he is saying in v2-10.
3. We often think about what happened to Jesus on Good Friday and Easter Sunday. What happened to us? How is that liberating?
4. Does having "died to sin" (v2), being "set free from sin" (v7) being "under grace" (v14) mean that a Christian can't sin? What does it mean?
5. Which phrases or truths in the passage could you use to do "Christian CBT¹" on yourself? When might you need it?

Some resources

- **Quote:** "Have you realized that most of your unhappiness in life is due to the fact that you are listening to yourself instead of talking to yourself?" Martin Lloyd Jones, "[Spiritual Depression, its causes and cures](#)" p20.
- 45 min **Podcast** on what it means to be "in Christ". Rory Shiner & Kyle Worley: <https://www.thegospelcoalition.org/podcasts/deep-dish/union-christ-matters/>
- **Overview** of Romans at Bibleproject.com [here](#) and [here](#).

¹ [Cognitive Behavioural Therapy](#) is a kind of talking therapy, normally intended to help patients with mental health problems to talk through unhelpful patterns of thought and associated feelings and behaviour patterns.