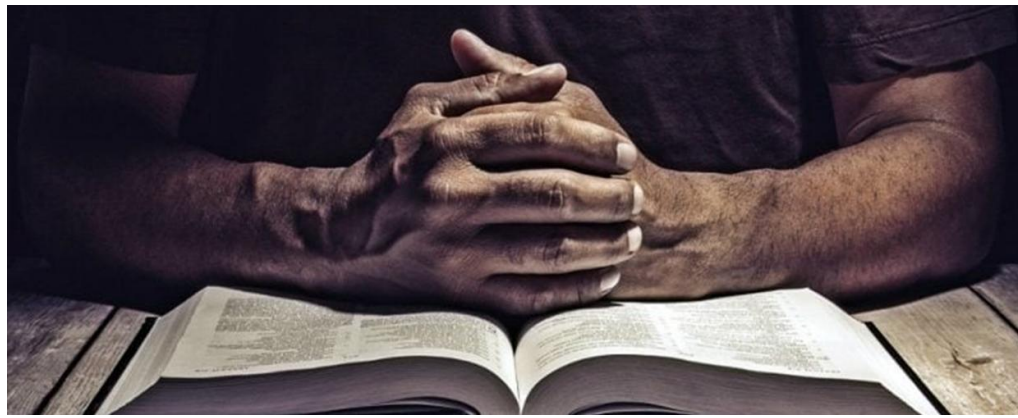


A photograph of a group of men in a church, all with their heads bowed and hands clasped in prayer. The man in the foreground is wearing a green and white plaid shirt. The background is softly blurred, showing other people and warm, glowing lights.

PRAYER – MATTHEW 6



***What a friend we have in Jesus, all our sins and griefs to bear!
What a privilege to carry, everything to God in prayer.
O what peace we often forfeit, O what needless pain we bear –
all because we do not carry, everything to God in prayer!***



Prayer is speaking to God

'a sincere...sensible...affectionate...pouring out of the heart or soul to God... through Christ...in the strength and assistance of the Spirit...for such things as God has promised, or according to his Word...for the good of the church...with submission in faith to the will of God'

'Praying in the Spirit' by John Bunyan – 1662 – Bedford Jail



‘The Lord’s Prayer’...is special:

- **it comes from the Lord of prayer**
- **it’s a wonderfully flexible prayer**
- **it gives a gospel shape to prayer**

'The Lord's Prayer'

'This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one'

Matthew 6:9-13



1. We speak to our Father in heaven (9)

'our'

'in heaven'

'Father'



2. We submit to our Father as our Lord (9-10)

- ***hallowed be your name***
- ***your Kingdom come***
 - ***your will be done***



3. We trust our Father as our Saviour (11-13)

- *give us today our daily bread* – **PROVISION**
- *forgive us our debts* – **PARDON**
- *deliver us from evil* – **PROTECTION**

***Have we trials and temptations? Is there trouble
anywhere? We should never be discouraged; take it
to the Lord in prayer. Can we find a friend so faithful
who will all our sorrows share? Jesus knows our
every weakness; take it to the Lord in prayer.***



=> ***'Just ask Dad'...***let us pray!